

Where is Long-Term Care Provided in California?

Long-term care services can be provided in a variety of settings including one's home (e.g., home care or personal care services), in the community (e.g., adult day care), in residential settings (e.g., assisted living or board and care homes), or in institutional settings (e.g., intermediate care facilities or nursing homes). The term "home- and community-based services" refers collectively to those services that are provided outside of institutional settings.

This fact sheet is one in a series that provides basic information on the "who, what, where, when, why, and how" of long-term care in California. All the references accessed to produce this fact sheet are provided for further review.

- There are **1,255** nursing facilities in California with 121,950 beds.¹
- There are **103,487** nursing facility residents in California, occupying **85%** of nursing facility beds.¹
- From December 2002 to December 2008, the number of nursing facility residents in California decreased by **1.37%**. The number of nursing home beds decreased by **1.56%**.¹
- Adult Day Health Care (ADHC) serves adults age 18 and older with functional impairments that place them at risk of institutionalization. It is estimated that in FY 2010, there were **316** ADHCs in California that served **40,685** individuals.²
- Residential Care Facilities for the Elderly (RCFEs) are non-medical facilities that serve individuals age 60 and older and provide room, meals, housekeeping, supervision, storage and distribution of medication, and personal care assistance with basic activities like hygiene, dressing, eating, bathing and transferring.³ As of February 2009, there were **7,885** licensed RCFEs with a capacity to serve **168,347** persons.¹
- With regard to RCFEs, California has **57** residential care beds per 10,000 people as compared to 49 residential care beds per 10,000 people nationally.⁴
- Alzheimer's Day Care Resource Centers (ADCRC) provide specialized day programs similar to ADHCs for individuals with Alzheimer's disease or related dementias.⁵ **26** ADCRC sites are funded through 12 Area Agencies on Aging within California.⁶
- Aging and Disability Resources Centers (ADRCs) provide information, referral, and assistance for persons with disabilities, caregivers, family and friends who seek information about long-term care services.¹ Currently there are **6** ADRCs in California.⁷
- Medicaid waivers allow states to offer home and community-based services to individuals who would otherwise receive care in nursing homes. As of October 2009, California had **25** home and community-based services Medicaid waivers.¹
- The In-Home Supportive Services (IHSS) program provides personal care services to eligible Californians through Medi-Cal (California's Medicaid program), the federal and state jointly funded medical assistance program in California for low-income individuals. IHSS is the largest personal care program in the country.¹

- The average number of hours of IHSS services authorized in 2009 was about **88** per month. The maximum number of hours for IHSS services that can be authorized is 283.¹
- As of 2009, there are **847** Medicare-certified home health agencies in the California.⁸
- **87,656** Californians received Medi-Cal-funded home health services in 2006.⁹
- The Program of All-inclusive Care for the Elderly (PACE) provides integrated care to frail elderly from an interdisciplinary team of health care and other professionals.¹⁰ As of December 2009, California's **5** PACE programs served just over **2,400**.¹¹

Sources

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